

22-23/32854/304(Counselling)

Total Pages—2

MSW 3rd Semester Examination-2022-23

SOCIAL WORK

Course ID : 32854

Course Code : PG/SW/304ME (Counselling)

Course Title : Counselling : Theory and Practice

Time : 3 Hours

Full Marks : 80

The figures in the right hand margin indicate full marks.

Candidates are required to give their answers in their own words as far as practicable.

Answer **any five** questions : 16×5=80

1. Define counselling. Discuss with examples the tools, techniques, skills and methods of counselling.

4+3+3+3+3

2. Explain critically counselling processes in correctional and industrial setting. 8+8

3. Discuss counsellor as a therapeutic person. Describe the qualities of an effective counsellor with proper explanation. 12+4

4. What is meant by individual counselling? Discuss the role and importance of cognitive behaviour therapy in individual counselling. 4+12

(Turn Over)

5. Write a note on grief and bereavement counselling.
8+8
6. Describe why and how transactional analysis and client centered approach are used in counselling to change clients' behaviour.
8+8
7. What is reflection and paraphrasing in counselling? Explain how and where these skills are used in counselling?
4+4+4+4
8. Write short notes on **any two** of the following topics:
8×2=16
- a. Ethical issues in counselling
 - b. Group counselling
 - c. Psycho-drama and use of Psychological Tests
 - d. Principles of counselling.
-